

Bottineau County Resources

County Services

Northern Prairie Human Service Zone –

https://cdcdb4f4-af06-490e-a0ae-19731e2a21d3.filesusr.com/ugd/670219_e46ec66decc14094a7201ecdacb56798.pdf

- Offices closed to public
- Call (701) 228-3613 for any questions
- Fax information to (701) 228-3600
- Visit <http://www.nd.gov/dhs/> for applications for assistance programs
 - Health Care programs
 - Economic Assistance Programs
- If you do not have online access, essential forms can be picked up at the Bottineau County Sheriff's Dept or call (701) 228-3613 to have forms mailed to you.

First District Health Unit <https://www.fdh.org/bottineau.shtml>

- 314 5th St. West, Bottineau | Phone 701-228-3101 | Fax 701-228-3788 |

Physical Health Services

St. Andrew's Health Center <https://www.standrewshealth.com/>

- Hospital number: (701) 228-9300
- Clinic number: (701) 228-9400

Pyramid Health <https://www.pyramidhealthnd.com/blank>

- Bottineau Clinic | Hours: 7 am – 6 pm M-F; 7 am – 2 pm Saturdays | Number: 701-534-0109
- Westhope Clinic | Hours: 8 am – 5 pm Mon, Wed, Fri | Number: 701-534-0109
- Telemedicine visits available

Counseling/Mental Health Services

Laura H. Siercks, LICSW, MFT <https://laurasierckslcsw.com/>

- Therapy for adults and youth. CBT, CPT, TF-CBT, EMDR, EFT trained (see website for all specialized training.)
- Available for adult services only at Bottineau office | Phone 701-263-1298 |

Pospishil & Associates: A Center for Family Solutions <https://www.facebook.com/Pospishil-Assoc-A-Center-for-Family-Solutions-482320448520915/>

- Therapy services specializing in play therapy, individual, group, and family therapy from ages 2 to 80
- Located in Pyramid Health (Bottineau) offices on Fridays and Saturdays | Phone 701-858-9215 |

Counseling/Mental Health Services (continued)

The Village Family Services via Westhope Public School <https://www.thevillagefamily.org/>

- Trained counselors help adults, kids and families deal with behavioral and mental health issues.
- Services offered through telemedicine or phone during this time
- Available to students of Westhope Public School and their families
- Call Westhope school superintendent Mr. Bratrud for details | Phone 701-490-4071 |

Rural Mental Health Consortium via St. Andrew's Hospital

- Assessment, consulting, psychiatric services, testing/evaluations, prevention, and evaluation
- Located at St. Andrew's Health Center | Phone 701-228-9300 |

Community Services

Family Crisis Center <https://www.facebook.com/FamilyCrisisCenterBottineau/?rf=153907154647287>

- Services for families experiencing domestic violence and victims of sexual assault
- Phone number 701- 228-2028

Food Pantry <https://www.facebook.com/BottineauFoodPantry/>

- Bottineau Food Pantry | 122 5th St. W | Bottineau | Phone 701- 228-4098 | 3rd Wednesday - 10:00 am - 2:00 pm <https://www.facebook.com/BottineauFoodPantry/>
- Lansford Food Pantry | 210 2nd Ave. | Lansford | Phone 701-720-1327 | 1st Thursday - 1:00 pm - 2:00 pm

ND DPI COVID-19 Child Nutrition

- Free meal program for children age 1-18 provided by participating schools
- Westhope Public School Phone: 701-245-6444
- Newburg Public School Phone: 701-272-6151
- Bottineau Public School Phone: 701-228-2266

North Central Human Service Center – 24-hour Crisis Line 701-857-8500 or 888-470-6968

- If you are struggling in this time of great uncertainty, please reach out for support
- Open access walk-in appointments Mon-Fri 8 a.m. to 5 p.m.
- Located at 1015 S Broadway St, Unit 18, Minot, ND